



The Sabbath

What you need to know

The Sabbath

12 Guard the day of the Shabbath; to sanctify it as Ya-huah Elohayka has commanded you. 13 Six days you shall labor and do all your work: 14 But the seventh day is the Shabbath of Ya-huah Elohayka: in it you shall not do any work, you, nor your son, nor your daughter, nor your manservant, nor your maidservant, nor your ox, nor your ass, nor any of your cattle, nor your stranger that is within your gates; that your manservant and your maidservant may rest as well as you. 15 And remember that you were a servant in the land of Mitsrayim, and that Yahuah Elohayka brought you out thence through a mighty hand and by a stretched-out arm: therefore, Yahuah Elohayka commanded you to keep the day of Shabbath.

Ivriym (Hebrews) 3:16-19



The Sabbath

*Today if you will hear his voice, harden not
your hearts, as in the provocation.*

Tehilliym (Psalms) 95:7

The Sabbath

16 For some, when they had heard, did provoke: howbeit not all that came out of Mitsrayim by Mosheh. 17 But with whom was he grieved forty years? Was it not with them that had sinned, whose carcasses fell in the wilderness? 18 And to whom swore he that they should not enter into his rest, but to them that believed not? 19 So we see that they could not enter in because of unbelief.

Ivriym (Hebrews) 3:16-19

The Sabbath

Do you believe?

18 And he gave us a great sign, the Shabbath, that we should work six days, but guard the Shabbath on the seventh day from all work.

19 And all the angels of the presence, and all the angels of sanctification, these two great classes he has bidden us to guard the Shabbath with him in heaven and on earth.

Yovheliym (Jubilees) 2:18-19

The Sabbath

20 And he said unto us: Behold, I will separate unto myself a people from among all the peoples, and these shall guard the Shabbath, and I will sanctify them unto myself as my people and will bless them; as I have sanctified the Shabbath and do sanctify it unto myself, even so will I bless them, and they shall be my people, and I will be their Elohiym.

Yovheliym (Jubilees) 2:20

The Sabbath

21 And I have chosen the seed of Ya`aqov from amongst all that I have seen, and have written him down as my firstborn son, and have sanctified him unto myself forever and ever; and I will teach them the Shabbath, that they may guard the Shabbath thereon from all work.

Yovheliym (Jubilees) 2:21

The Sabbath

25 And to this Ya`aqov and his seed it was granted that they should always be the blessed and qodeshiym of the first testimony and Torah, even as he had sanctified and blessed the Shabbath on the seventh day. 26 He created heaven and earth and everything that he created in six days, and Elohiym made the seventh day holy, for all his works; therefore, he commanded on its behalf that, whosoever does any work thereon shall die, and that he who defiles it shall surely die.

Yovheliym (Jubilees) 2:25-26

The Sabbath

And Yahuah spoke unto Mosheh, saying: 2 Speak unto the children of Yashar'el, and say unto them, Concerning the feasts of Yahuah, which you shall proclaim to be holy assemblies, even these are my feasts. 3 Six days shall work be done: but the seventh day is the Shabbath of rest, a holy assembly; you shall do no work therein: it is the Shabbath of Yahuah in all your dwellings.

Yovheliym (Jubilees) 22:1-3

The Sabbath

The seventh day in Ivriyt is:

וביום השביעי

V'b'yom ha'shabiy

shebi'iy (שְׁבִיעִי) H7637

Ordinal from H7657; seventh: - seventh (time).

In the plural, shabbâth (שַׁבָּת) H7676

The Sabbath

And what about “New Testament” believers?

Let us therefore fear, lest a promise being left us of entering into his rest, any of you should seem to come short of it. 2 For unto us was the Besorah preached, as well as unto them: but the word preached did not profit them, not being mixed with faith in them that heard it.

Ivriym (Hebrews) 4:1-2

The Sabbath

*3 For we which have believed do enter into rest, as he said,
As I have sworn in my wrath, if they shall enter into my rest:
although the works were finished from the foundation of the world.*

*4 For he spoke in a certain place of the seventh day on this wise,
And Elohiym did rest the seventh day from all his works.*

*5 And in this place again,
If they shall enter into my rest.*

Ivriym (Hebrews) 4:3-5

The Sabbath

*6 Seeing therefore it remains that some must enter therein,
and they to whom it was first preached entered not in
because of unbelief: 7 Again, he limits a certain day, saying
in David: Today, after so long a time as it is said,
Today if you will hear his voice, harden not your hearts.*

Ivriym (Hebrews) 4:6

The Sabbath

8 For inasmuch as on this day Yahushā rested; he would not have spoken afterward of a different day. 9 There remains therefore a Shabbath for the people of Elohiym. 10 For he that is entered into his rest, he also has ceased from his own works, as Elohiym did from his.

Ivriym (Hebrews) 4:8-10

The Sabbath

8 ει γαρ αυτους **ιησους** κατεπαυσεν ουκ αν
περι αλλης ελαλει μετα ταυτα ημερας
*Ei gar autous Iesous katepausen our an peri
alles elalei meta tauta hemeras*

Ivriym (Hebrews) 4:8-10

The Sabbath

11 Let us labor therefore to enter into that rest, lest any man fall after the same example of unbelief. 12 For the Word of Elohiym is quick, and powerful, and sharper than any two-edged sword, piercing even to the dividing asunder of soul and ruach, and of the joints and marrow, and is a discerner of the thoughts and intents of the heart.

Ivriym (Hebrews) 4:11-12

The Sabbath

Did Mashiach actually rest on this day?

16 And he came to Natsareth, where he had been brought up: and, as his custom was, he went into the synagogue on the Shabbath and stood up for to read.

Luqas (Luke) 4:16

The Sabbath

How important is the sabbath to the believer?

*19 I am Yahuah Elohaykem; walk in my statutes, and guard my judgments, and do them; 20 And hallow my Shabbaths; and **they shall be a sign** between me and you, that you may know that I am Yahuah Elohaykem.*

Yekhezq'el (Ezekiel) 20:19-29